



February



2019

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>The van goes on shopping expeditions to Stop and Shop every Tuesday</p>	<p>Van to Walmart, is available, speak with our driver for details.</p>			<p>Book Discussion Group meets at Milne Library 10:00 February 1st</p>	<p>1 9:00 Yoga 10:30 Exercise 12:00 Cook out 1:00 Rep Barrett</p>	<p>2</p>
<p>3</p>	<p>4 9:00 Yoga 10:30 Exercise 1:00 Intro Tai Chi 2:30 Balance</p>	<p>5 9:00 Oil Painting 10:30 Coffee and cookies 6:00 AARP Tax Aide</p>	<p>6 9:00 Yoga 10:30 Exercise 1:00 Bridge</p>	<p>7 9:00 Walking Group 11:15 Balance 5:00 WW</p>	<p>8 9:00 Yoga 10:30 Exercise 1:00 Bingo</p>	<p>9</p>
<p>10</p> 	<p>11 9:00 Yoga 10:30 Exercise 1:00 Intro Tai Chi 2:30 Balance</p>	<p>12 9:00 Oils 1:00 Bingo 1:00 Spinning Group 6:00 AARP</p>	<p>13 9:00 Yoga 10:30 Exercise 1:00 Bridge</p>	<p>14 9:00 Walking 9:45 Tai Chi 11:15 Balance 1:00 Ice Cream 5:00 WW</p>	<p>15 9:00 Yoga 10:30 Exercise 12:00 Luncheon 1:00 Louison House</p>	<p>16</p>
<p>17</p>	<p>18 Harper Center Closed Presidents Day</p> 	<p>19 8:30 Foot care 9:00 Oil Painting 1:00 Winter Tea 6:00 AARP</p>	<p>20 9:00 Yoga 10:30 Exercise 1:00 Bridge</p>	<p>21 9:00 Walking Group 9:45 Tai Chi 11:15 Balance 1:00 Movie 5:00 Weight Watchers</p>	<p>22 9:00 Yoga 10:30 Exercise 1:00 Bingo Brown Bag</p>	<p>23</p>
<p>24</p> 	<p>25 9:00 Yoga 10:30 Exercise 1:00 Tai Chi 2:30 Balance</p>	<p>26 9:00 Oil Painting 12:00 Luncheon 1:00 Death with Dignity 2:00 BP Clinic 6:00 AARP</p>	<p>27 9:00 Yoga 10:30 Exercise 1:00 Bridge</p>	<p>28 9:00 Walkers 9:45 Tai Chi 11:15 Balance 1:00 Ice Cream 5:00 Weight Watchers Brown Bag</p>		