



September



2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 Labor Day Harper Center Closed 	3 9:00 Oil Painting	4 9:00 Yoga 10:30 Exercise 1:00 Bridge, Coloring group	5 9:00 Walking 9:30 Tai Chi 11:15 Balance 5:00 Weight Watchers	6 10:00 Book Discussion Group, Milne Library 9:00 Yoga 10:30 Exercise 1:00 Bingo	7
8	9 9:00 Yoga 10:30 Exercise 1:00 Intro Tai Chi 2:30 Balance	10 9:00 Oil Painting 1:00 Bingo	11 9:00 Yoga 10:30 Exercise 1:00 Bridge, Coloring group	12 9:00 Walking 9:30 Tai Chi 11:15 Balance 5:00 Weight Watchers	13 9:00 Yoga 10:30 Exercise 12:00 Luncheon 1:00 John Root 	14
15 	16 9:00 Yoga 10:30 Exercise 1:00 Tai Chi 2:30 Balance	17 9:00 Oil Painting, Foot Care Clinic 1:00 Piano Bar 	18 9:00 Yoga 10:30 Exercise 1:00 Bridge, Coloring group	19 9:00 Walking 9:30 Tai Chi 11:15 Balance 1:00 Bingo 5:00 Weight Watchers	20 9:00 Yoga 10:30 Exercise 12:00 Burgers 1:00 Car Fit 	21
22	23 9:00 Yoga 10:30 Exercise 1:00 Intro Tai Chi 2:30 Balance	24 9:00 Oil Painting 2:00 Paint Along event	25 9:00 Yoga 10:30 Exercise 1:00 Bridge, Coloring group, BP Clinic	26 9:00 Walking 9:30 Tai Chi 11:15 Balance 1:00 Bingo 5:00 WW	27 9:00 Yoga 10:30 Exercise 12:00 Cook Out 1:00 Amedisys BROWN BAG	28
29 	30 9:00 Yoga 10:30 Exercise 1:00 Intro Tai Chi 2:30 Balance					

