



February



2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat



		<p>Brown Bag is on Friday February 28th Blood Pressure Clinic is Wednesday the 26th at 2:00</p>			<p>Book Discussion Group meets at Milne Library Friday February 7 at 10:00</p>	1
2	<p>3 9:00 Yoga 10:30 Exercise 11:30 Balance 1:00 Intro Tai Chi, Loss Support</p>	<p>4 9:00 Oil Painting 1:00 Stressed Fabrics Recovery</p>	<p>5 9:00 Yoga 10:30 Exercise 12:30 Coloring Group 1:00 Bridge</p>	<p>6 9:00 Walking Group 9:30 Tai Chi 12:00 TBD 1:00 Balance 5:00 Wt. Watchers</p>	<p>7 9:00 Yoga 10:30 Exercise 1:00 Bingo</p>	8
9	<p>10 9:00 Yoga 10:30 Exercise 11:30 Balance 1:00 Tai Chi, Loss Support</p>	<p>11 9:00 Oil Painting 1:00 Bingo</p>	<p>12 9:00 Yoga 10:30 Exercise 12:30 Coloring Group 1:00 Bridge</p>	<p>13 9:00 Walkers 9:30 Tai Chi 1:00 Balance 5:00 Wt. Watchers</p>	<p>14 9:00 Yoga 10:30 Exercise 12:00 Lunch 1:00 Wine bottle craft</p>	15 WTF Workshop 11:30
16	<p>17 Presidents day Harper Center Closed</p> 	<p>18 8:30 Foot Care 9:00 Oil Painting 1:00 Bingo</p>	<p>19 9:00 Yoga, 10:30 Exercise 12:30 Coloring Group 1:00 Bridge</p>	<p>20 9:00 Walkers 9:30 Tai Chi 12:00 TBD 1:00 Balance 1:00 Ice Cream 5:00 Wt. Watchers</p>	<p>21 9:00 Yoga 10:30 Exercise 1:00 Tea party</p> 	22
23/30	<p>24 9:00 Yoga 10:30 Exercise 11:30 Balance 1:00 Intro Tai Chi, Loss Support</p>	<p>25 9:00 Oil Painting 1:00 Bingo</p>	<p>26 9:00 Yoga, 10:30 Exercise 12:30 Coloring Group 1:00 Bridge, BP Clinic</p>	<p>27 9:00 Walkers 9:30 Tai Chi 1:00 Balance 5:00 Wt. Watchers</p>	<p>28 9:00 Yoga 10:30 Exercise 12:00 Luncheon 1:00 Stroke Avoidance</p>	<p>29</p> 