

April 2023 Calendar notes

A couple new program offerings this month. We're offering Reiki beginning on April 4th at 11:00 with Mary Molleur who will be offering 15-minute Reiki sessions. Reiki is an approach in which the practitioner places their hands lightly on or just above a person, with the goal of directing energy to help facilitate the person's own healing response. It's based on an Eastern belief in an energy that supports the body's innate or natural healing abilities. You will need to sign up with us here at Harper. We'll have a paper sign up in the usual spot in the main hall near the kitchen, or you can call us and we'll add you to the list. It's first come, first serve and we're offering one session per time for each participant. Call us here at 413-458-8250 for more information.

You'll note a listing for "Self Defense" on Thursday April 13 and 27. We're working with a Williams student, Betsy Paul, who became aware of us here at the COA and offered to teach self-defense classes. As this is a new experience for us, we're artificially limiting participants to 20, we don't know how much room is needed for this activity and y'all know how crowded we can get. So, first come, first serve- all are welcome. There will be the usual paper sign up or you can call us, 413-458-8250. Sorry, we don't have any other details at this writing, you'll have to see it for yourself.

The Comprehensive Plan, "Envisioning Williamstown 2035", is reaching toward its final phase. On Friday April 21st, Stephanie Boyd from the Town planning board will be in the House for coffee hour. She'll be here to talk about the plan to date and to solicit your input on proposed future actions. This is a kind of important conversation so make sure that you join us! in honor of the occasion, we'll do French Toast Friday! We think that's a great idea, right?

Tech Tutoring will resume for 4 final sessions beginning on April 14 and running through Friday May 5th. This has been a wonderful program and we cannot thank our friends Abby and Monika for curating this program all year! Anyway, for these final four dates we're going to try and focus on folks who have not yet been in or who've been waiting for a while. If you've been a regular, we're happy to add you to a list for future openings. There are only so many slots available and we'd like to be helpful to as many folks as possible. The classes are on Friday afternoons at 4 o'clock, advanced registration either in person or via phone are required.

Rick has scheduled a couple trips, the first is on the 6th to the Moonlight Diner at 11:30, the second is on the 20th to the Apple Barn in Bennington, also at 11:30, space is limited so sign up! On the 11th at 1:00, Kayla from Williamstown Commons will be here to lead interested folks in a spring craft, limited to 12 participants. Stop in and sign up! Finally, you'll see a note for Open Mic on the 28th. It's national Poetry month, as suggested by our Rose, bring on of your own to share or someone else's you like! Otherwise, we have all our normal activities back on line! And there won't be another blizzard until November so we should be good to go!

Have a great month!