

August 2023 calendar notes

August already. Wow...We'll be at the National Night Out at the Spruces Park on Tuesday August 1st for this FREE community-building event that promotes police-community partnerships and community camaraderie so Harper will be closed from about 2:30 that afternoon but you can find us at the Spruces!

You'll note that there is several days this month where there is no exercise class listed. It's a HUGE vacation month and Amanda will be away for pieces of it, as will many of us as well. Christy will pop in for a couple of the open days but otherwise, no class.

The final Loss Support group meeting for this series is now slated for Wednesday afternoon, August 2nd at 3:00. Another session will begin in the fall, date and time TBD.

Our friend Rose Oliver is beginning a new writing workshop for seniors here at Harper starting on Thursday the 3rd at 1:00, memoirs, short stories, etc. This round will go for approximately 5 weeks. This round is full for participation but we'll likely have another series in the future.

On the afternoon of the 8th, Berkshire Housing will be borrowing the space to host a private meeting with the tenants at Proprietors Field so there will not be COA programming on that afternoon.

Shea Dwen will be here at noon on Monday August 14 to perform. She was here in July and all reports are that she has a great voice. Stop by and enjoy a mini-concert!

On Friday August 11th we will be honoring those individuals who have freely given their time to volunteer and help with all the various programs and activities we offer here at the Council on Aging. I guess you can say that the building is closed for a private event. If you wish to be included in this activity next year, we welcome regular volunteer helpers. And-for the record, at this moment we're looking for a volunteer willing to shop for people unable to do so themselves. Call us if interested.

The event of the summer happens here on August 22nd -Miss Karyn's Annual Summer High Tea! Cucumber Sandwiches, scones, an assortment of tea, you know, all the usual stuff...goofy hats, gloves, etc. This is the twenty something tea. Ask Karyn for the actual number. Let us know if you're coming.

Rick will be bringing folks out on luncheon excursions, first to Blue Mango for Thai food on the 10th and a ride up the road to the Madison Brewing Company in Bennington on the 24th. Both trips originate at the Harper Center at 11:30 and will return to Harper following the trips.

As you may have noted, Reiki with Mary Molleur has moved to Thursday. A few openings remain for August and we are happy to schedule you provided you did not attend a session in July. We want to provide everyone interested an opportunity to give it a try. Caregiver Support will meet just once in August, on the 3rd and yes, there is a croquet match scheduled on Tuesday afternoon, August 29th. Oh yeah, before I forget, there's ice cream on the 9th and 23rd at 1:00.

August is a big month for vacations and most of us here will be away for chunks of the month. If you call looking for us at anytime and find we're away, no worries, we're likely on some beach somewhere...