Notes, November 22<sup>nd</sup>, 2023

Hey! We had snow last night. OK, a dusting. Then it rained. Can we say "here it comes' or "there it went"?

There are bugs including Covid crawling about out there, we know several people who thought they just had a cold and then tested positive Covid and others who tested themselves negative but had wicked colds and seasonal flu viruses too. Listen, do us ALL a favor and if you're sick, please stay home and don't come in here! Truly, we have lots of people in here every day, some of them have compromised immune systems and cannot afford to catch anything. We know that we're in the season of giving but nobody wants this gift. If you're sick, stay home! Please!

This is our final warning about open enrollment. Medicare Open Enrollment is the annual time frame when all people with Medicare can re-evaluate, add, drop, or switch Medicare health and drug coverage. SHINE counselors will be here on Tuesday the 28th, 12:30-3:30, that's next week folks! These slots are filling up fast but there are a few left from 2:30 on. It's the only time you have during the year to review your coverage, make these changes and save some dough! Reservations Please. Be sure to bring your Medicare and other insurance cards and medication list.

The big, colorful CHP van will be here at Harper next week, Thursday, November 30<sup>th</sup> from 1pm to 3pm. In addition to the latest Covid vaccine, they have the latest iteration of flu vaccine including the so called the senior shot. This is available to those 65+. They do have the do have RSV vaccine for those who have a PCP with CHP, are over 60+ and have a qualifying diagnosis. If you're a CHP patient, talk to them about your eligibility. Or check with your local pharmacy about availability.

Finally, the Harper Center will be closed for activities Monday afternoon from 2:00 on as Berkshire Housing has borrowed the space to host a Thanksgiving dinner for the residents of Proprietors Field.

From your friends at the COA to you and yours, Happy Thanksgiving.